

February

The month of February was definitely a month of growth and development for everyone here at CAMP. From "Growing like Spring" at our Spring Overview to excitement filled basketball games and even the importance of studying in a group environment. Here is our productive month in a nutshell written in the perspective of our CAMP Peer Leaders.



Starting the Semester With an Enlightening "Spring Overview"!

On January 26th, during the second week of the semester, the CAMP Program provided students with a fun, informative and enlightening spring overview. CAMP students were provided with general information about the spring semester. They also had the opportunity to reinforce communication and team building strategies among themselves by playing the "newspaper wheel" game. During this event, CAMP students had the opportunity to interact and meet students from other programs while attending enlightening sessions provided by speakers from "The Paradigm Shift." These sessions provided students with motivational talks and activities to encourage them to follow their dreams and to do their best efforts to achieve their goals. My favorite activity was when students and staff members were asked to write down a "bucket list." By being part of this activity I realized that when you write down your dreams and goals, it is more likely that you will strive to achieve them! This event was an awesome starting point for students to begin the spring 2019 semester.

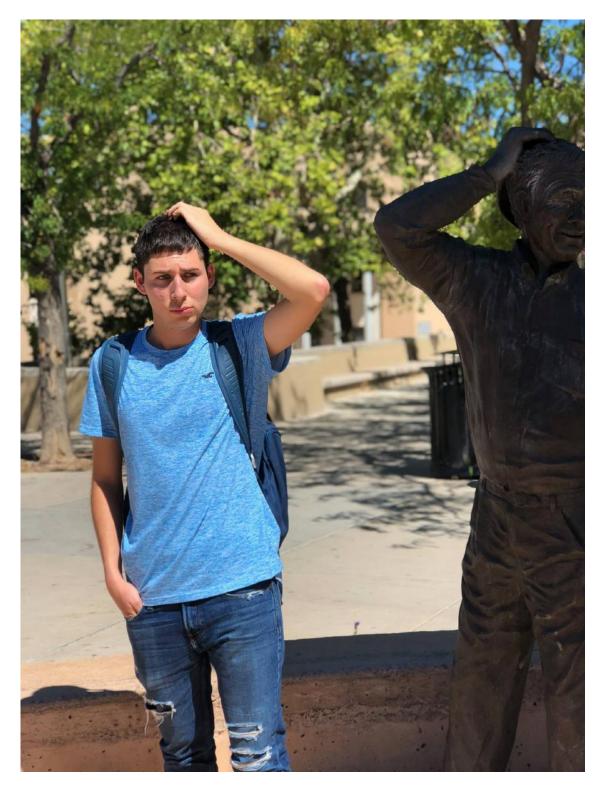




CAMP at the Pit

Taking CAMP students to a Lobo basketball game has started to become a tradition and one of our most know events. The Lobo game is a great way to show the UNM experience through the eyes of the CAMP program and its students. We took students to Saggios, Albuquerque's local pizza parlor where they enjoyed pizza slices as big as their faces. After some delicious pizza, we head to the pit to see our Lobos play. Students were able to sit extremely close to the court and see the players up close...did I mention they even got to see Holly Holms and John "Bone" Johns up close as well. After a fun evening and seeing our Lobos win we headed out and looked back on what amazing memories we created.

"We didn't realize we were making memories, we just knew we were having fun." - CAMP student.



The Importance of Attending Office Hours

Going to your professors' office hours is a resource our students are just getting the hang of using. They are learning how important it can be and what they can get out of it. Students can learn and ask about any upcoming assignments, questions on current assignments, and even their current estimated grade in the class. Through the program, we require students to complete Progress reports twice a semester, so they can get the hang of going to their professor's hours. Students state that doing this reports allows them to really determine

what needs to be done with a class, especially if their professor is not timely to updated BlackBoard or even uses it at all. This is such an important task to do in your college career and our students are defiantly learning that



Studying in Groups

Writing about this topic takes me back to my high school days, we're working on a class project with a group was something some students did not look forward to, especially because there were always those group members who did not participate in the project. However, when I started attending college, my opinions on study groups changed drastically. Effective study groups aid individual students to learn the material in a deeper, more concrete better, especially since all the misunderstandings on a specific subject can be clarified by other group members. Effective study groups also encourage active participation, which helps the students better understand the subject by also getting different perspectives from other peers. Another big factor that has helped me in my classes by studying with other fellow students is that I get better grades. A number of students, including myself, tend to put off homework, studying and projects until the last minute. However, I have found it extremely helpful to participate to study in a group because it has aided me to solidify and clarify the material to whichever subject we are covering in the

group. I more deeply understand and feel more motivated and, therefore, perform better on my assignments and tests, and combat procrastination.

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